

Results of questionnaire about the second „Healthy steps to better future” project meeting for staff training in Šiauliai/Lithuania 13-16 May 2019

1st Day (Monday, 13th May)

Welcome ceremony

13 people Excellent

Work session - discussion on the project activities

10 people - Excellent	1 person - Very Good	2 people - Good
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Sightseeing in the city

9 people - Excellent	2 people – Very Good
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2nd Day (Tuesday, 14th May)

Work session – The first aid in case of disaster / Students' presentations about the first visit to Italy

10 people - Excellent	1 person – Very Good	1 person - Satisfactory	1 person - Poor
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Seminar "The prevention of Irregular Posture"

10 people - Excellent	3 people – Very Good
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Visiting Hill of Crosses

11 people - Excellent	2 people – Very Good
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Visit to Factory „Rūta“ (Chocolate factory)

7 people - Excellent	4 people - Very Good	2 people - Good
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3rd Day (Wednesday, 15th May)

Guided trip to Trakai / Vilnius

10 people - Excellent	3 people – Very Good
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4th Day (Friday, 16th May)

Activities - Let's Move Healthy- For Body and Mind (Zumba, Pilates, Yoga)

13 people - Excellent

Work session –discussion on the next project activities/Certificates of attendance ceremony.

10 people - Excellent	1 person – Very Good	1 person - Good	1 person - Satisfactory
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Visit to Kurtuvėnai

9 people - Excellent	1 person - Very Good	1 person - Satisfactory	1 person - Poor
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Accommodation:

Transport to and from the hotel

11 - Excellent	1 person - Very Good	1 person - Good
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Hotel equipments

4 people - Excellent	5 people - Very Good	1 person - Good	1 person - Satisfactory
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Hotel atmosphere

4 people - Excellent	5 people - Very Good	2 people - Good	3 people - Satisfactory
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Breakfast

3 people - Excellent	6 people - Very Good	1 person - Good	3 people - Satisfactory
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Personal feelings and remarks

Did the meeting fulfill your expectations?

YES – 13 people

Was the programme of the visit relevant to our project?

YES - 13 people

Did the meeting improve our partnership?

YES - 13 people

What did you enjoy?

1. Activities “Let’s move healthy – for body and mind. The atmosphere.
2. Every activity was interesting, I was visited many nice places.
3. I enjoyed everything, great openness, hospitality and nice program.
4. The seminar in Medical school, sports and activities (Zumba, Pilates).
5. The sport activities for the teachers and the seminar of prevention irregular postures. The welcome all the Lithuanian teachers and students.
6. Doing activities with other teachers like Zumba.
7. I enjoyed all the activities, the city...the welcome by the delegation of Lithuania.
8. I enjoyed partnership atmosphere, friendly welcome and the dynamic involvement in the Erasmus Project.
9. It was a great experience, the working atmosphere was very friendly, I enjoyed your school organization.
10. I enjoying sightseeing in the cities, typical food and the active involvement in the Erasmus project.
11. Guided trip to Trakai/Vilnius. Welcome ceremony.
12. Activities “Let’s Move Healthy-For Body and Mind (Zumba/Pilates/Yoga)
13. Everything was fine.

What didn’t you like?

1. I liked all.
2. There were not such things.
3. Food every day was very similar.
4. We didn’t have so much free time.
5. I liked the food. It was really delicious but I would have like to choose what to eat.

What would you like to change?

1. Little more free time.
2. I would like to do more activities with children (mobility was only for teachers)

Conclusion

The meeting was attended by 13 teachers. Many of the activities that took place at the school were rated excellent, very good and good. However, during the first aid seminar, student presentations about the first meeting in Italy, the certification were badly evaluated by several teachers. Also, some teachers did not like activities that were organized outside the school such visit to Kurtuvėnai, a chocolate factory.

Accommodation was a source of dissatisfaction for several participants as well. I hope the other visits will be better arranged and I can only apologize for any inconvenience.